

City of Manhattan Beach, California

Proclamation

OLDER AMERICANS MONTH MAY 2009

WHEREAS, *Manhattan Beach is a community in which approximately 5,000 citizens 60 or older make their home; and*

WHEREAS, *older adults in Manhattan Beach and throughout the U.S. are a growing population with evolving needs; and*

WHEREAS, *older Americans are valuable members of our society who enhance our communities and personal lives; and*

WHEREAS, *the increasing number of baby boomers reaching traditional retirement age highlights the need for increased support of older adults; and*

WHEREAS, *our older citizens of today and tomorrow promise to be among the most active and involved older adult populations in our nation's history; and*

WHEREAS, *it is the responsibility of this and all U.S. communities to work collaboratively to address older adults' unique health and long-term care challenges; and*

WHEREAS, *it is crucial that communities modernize systems of care to help empower older Americans and give them more control over their own lives; and*

WHEREAS, *communities can improve older citizens' overall quality of life by helping them: make behavioral changes in their lifestyles that can reduce the risk of disease, disability, and injury; obtain the tools they need to make informed decisions about, and gain better access to, existing health and long-term care options in their communities; and have more options to avoid placement in nursing homes and remain at home as long as possible.*

NOW, THEREFORE, BE IT RESOLVED *that the City of Manhattan Beach does hereby proclaim the Month of May, 2009 as*

"OLDER AMERICANS MONTH"

urge everyone to take time this May to honor our older adults and the professionals, family members, and citizens who care for them. Our efforts can improve the lives of our older citizens and help pave the way for future generations.

DATED this 5th day of May, 2009.

City Clerk



Scott P. Cohen
Mayor